

Directory of Progression Routes



For Young People
with Additional
Learning Needs

Dun Laoghaire-Rathdown Area

This directory provides information on training options for young people with additional learning needs. It is directed at schools, guidance services, community and voluntary groups and those working with young people.

The information in the directory is intended as a starting point to inform you of available training options and support services and how to access them.

We have endeavoured to ensure that all information is correct and up to date. Nevertheless course information and contact details are subject to change over time. For this reason we would welcome feedback on any changes that have occurred or information on new and relevant training options in Dun Laoghaire–Rathdown.

We would like to thank all those who contributed to the directory.

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YOUTH CHOICES

Outreach, Referral and Tracking for Early School Leavers
in the Dun Laoghaire-Rathdown Area

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Health Service Executive East Coast Area

www.hse.ie

The Mission of the Health Service Executive is to provide high quality, integrated health and personal social services built around the needs of the individual and supported by effective team working.

HSE Occupational Guidance Service and Rehabilitative Training Services

The HSE is not directly involved in vocational training or employment, but funds other services in the area that work with people with physical / sensory / learning disabilities, in particular rehabilitative training programmes. They hold monthly meetings with Managers of local services.

School Guidance Counsellors can provide information about HSE services, but there are also HSE Guidance Officers who will work with people with disabilities who are out of school and unsure of their options. The Occupational Guidance Service provides one-to-one advice, support and guidance to enable individuals with a disability aged 16 to 65 years make an informed choice about their rehabilitative training and occupational options. Where appropriate they will refer and support the individual to access FAS services.

Following receipt of a referral the Guidance Officer:

- Makes an appointment to meet with individuals and their families as appropriate
- Assists in identifying and clarifying personal life goals and individual needs
- Explores the training and development options most suited to their needs
- Supports the individual in accessing their selected service option.

The Rehabilitative Training Programmes (RT) are designed to equip participants with personal, social and work related skills that will enable them to progress to greater levels of independence and integration in the community. The RT Programmes are designed and targeted at specific groups. Programmes tend to be developed to cater for specific needs; mental health difficulties, learning disabilities, acquired brain injury and those with physical disability. Additional training programmes have been developed to cater for people with specific training needs, e.g.: Asperger's Syndrome and certain mental health needs.

There are two HSE Guidance Officers in this area, and referral forms can be obtained from Brian Miller (Manager of Rehabilitative Programmes) who covers Dun Laoghaire, Dublin South East and Wicklow areas.

Contacts:

- **HSE Dun Laoghaire Local Health Office, Tivoli Road, Dun Laoghaire, Co. Dublin. Tel: 01-284 3597.**
- **Brian Miller, HSE, National Rehabilitation Hospital, Rochestown Avenue, Dun Laoghaire, Co. Dublin. Tel: 01-2355400. E-mail: brian.miller@maild.hse.ie**

FAS Training and Employment Services

www.fas.ie

FAS and the HSE are the main bodies with responsibility for providing training and employment services to people with disabilities.

FAS Training Information

www.fas.ie/services_to_jobseekers/employment_supports_disabilities

FAS provide specific training for people with disabilities, and also provide full and part-time mainstream courses in a variety of areas. Their website provides information on all of their courses, which includes contact details and criteria for selection for each course. To apply for any of these courses, a young person should call to their local FAS office and meet with a placement officer, who will discuss options with them. While there are no specific educational requirements, the general criteria is that someone will have reached school leaving age (16), and have a mild learning disability. Most are provided through the National Learning Network in different areas.

Contact:

- FAS Office, 18/21 Cumberland Street Dun Laoghaire. Tel: 01-2808488
- FAS Training and Employment Service, Wyattville Road, Loughlinstown.
Tel: 01-2043600
- FAS Job Connect. Tel Freephone : 1800 611 116
- FAS Employment Service, Nutgrove Enterprise Park, Rathfarnham
Tel: 01-4591414
- FAS Youth Advocate, Community Training Centre, 41A York Road, Dun Laoghaire
Tel: 01-2841376
- Social Welfare Employment Support Service – www.welfare.ie

Workway Initiative: www.workway.ie/ E-mail: info@ibec.ie

Workway is a joint IBEC/CTU partnership initiative to tackle the issues of high unemployment rates among people with disabilities through awareness raising and addressing barriers to employment for people with disabilities.

'Workway – A Guide for Job Seekers with Disabilities' – Available on www.fas.ie

Employment Supports for People with Disabilities

FAS have a responsibility to provide labour market services for people with disabilities. If you are a person with a disability you should contact FAS if:

- You wish to take up paid employment and you need assistance to find employment
- You wish to prepare for employment by undertaking a vocational training programme or by participating on an employment programme

Employment Supports

Employment related supports to help people with disabilities gain or retain employment are now also available through FAS. These are:

Disability Awareness Training Support Scheme

This scheme has been developed to address the concerns that employers and employees may have about working with people with disabilities. It aims to promote the employment of disabled people by raising awareness of their capacity to be productive and effective employees through funding disability awareness training.

Job Interview Interpreter Grant

If you are a job seeker who has a hearing or speech impairment and you are attending job interviews you can apply for funding to have an interpreter attend the interview with you.

Personal Reader Grant

If you are a person who is blind or visually impaired and needs assistance with job related reading, you may be entitled to a grant to allow you to employ a personal reader. This grant is available for up to 16 weeks.

Employment Support Scheme (ESS)

This scheme offers financial assistance to employers to encourage them to employ people with disabilities whose work productivity levels are between 50-80% of usual performance.

Workplace Equipment / Adaptation Grant (WEAG)

The aim of this grant is to increase the job opportunities for people with disabilities through supporting any additional costs to an employer in employing or retaining an employee with a disability. These additional costs should relate to the disability.

It also supports any additional costs of self-employment for people with disabilities.

For further information and Application Forms on the above please contact your local FAS Employment Services Office.

Southside Local Employment Services

www.southsideles.ie

E-mail: sspmf@eircom.net

The Southside Local Employment Service (LES) is a free, confidential and personal service for the long-term unemployed and those in danger of becoming long-term unemployed.

Our mission statement is to make meaningful progression through education, training and work experience, job placement, self-employment support, social economy projects and labour market interventions.

Services offered:

- Mediation – preparation for interviews, job seeking skills
- Employment support
- Career Guidance – assistance to identify and set realistic career path plan
- Information – Social Welfare Entitlements and Incentives, Job Vacancies, Education and Training Options
- CV Preparation, assistance with letters of application and in the completion of application forms

Address: 137, Oliver Plunkett Road, Monkstown farm, Dun Laoghaire

Tel: 01-2841977 **Freephone:** 1800200501

E-mail: fionaburke@southsideles.com

Contact Points:

- Ballyogan Resource Centre, 41 Ballyogan Avenue, Ballyogan. Tel: 01-2950563
- Choices, Unit 2/3 Quinn's Road, Shankill. Tel: 01-2824128
- Hillview Resource Centre, 68 Hillview Court, Ballinteer. Tel: 01-2965352
- Killcross Resource Centre, Sandyford. Tel: 01-2953259
- Whitechurch Resource Centre, Ballyboden. Tel: 01-2942057
- Travellers Contact Point, Southside Travellers Action Group (STAG), Lambs Cross, Sandyford. Tel: 1800200501

E-Work Options

www.egew.ie

**Equality through e-work,
Southside Partnership,
24 Adelaide Street, Dun Laoghaire, Co. Dublin.**

Tel: 01 230 1011 Fax: 01 202 0630 Email: denise.mcgrotty@sspship.ie

Contact: **Denise McGrotty (Project Support Officer)**

Equality through e-work is an EU funded project that will provide information, advice and practical support to people with disabilities and lone parents who want to pursue e-work as an employment option.

The project aims to support the development of a more equal labour market by addressing the under representation of people with disabilities and lone parents in the workforce, and it hopes to do this by testing e-work as a method to improve access to education, training and employment opportunities for people with disabilities and lone parents. Partner organisations include: Dublin South Supported Employment, Local Employment Service, FAS e-College, Roslyn Park College, Senior College Dun Laoghaire, Southside Women Action Network, and One Family.

What is e-work?

e-Working is regarded as a method of working using information and communication technology in which the work that is carried out is not bound to any particular location. E-Work is not a job but a method of working.

1. What is required for e-work: a computer, a phone line, a modem, broad band, other equipment might be needed depending on the job i.e. printer, particular software, and scanner.
2. What will the project require: a person with the potential to use a computer.

What will the Equality through e-Work Project provide to participants?

Participants will receive advice and career guidance. An outreach worker will support each participant to develop a personal progression plan, where long and medium term goals will be identified. Together they will identify potential barriers and blocks and suggestions will be found to overcome these barriers. Where appropriate the outreach worker will also advocate on participants behalf with education / training providers and employers.

Practical supports for participants could include: a computer and other equipment or software required to complete training or access employment identified in the personal progression plan (installed in your home), Broadband, assistive technology and financial assistance with childcare, transport, and other out of pocket expenses incurred to access education, training or employment.

Who can apply?

Applicants must:

- Be in receipt of a welfare payment
- Be a lone parent or a person with a disability

Dun Laoghaire VEC Services

www.dlvec.ie

Dun Laoghaire VEC provides a wide range of full and part time education options in centres throughout the old borough of Dun Laoghaire which stretches from Loughlinstown to Blackrock.

The main areas of provision are:

Further Education in three local colleges incorporating full-time, evening and apprenticeship programmes.

Dun Laoghaire College of Further Education

Cumberland Street
Dun Laoghaire
Tel 01- 2807702
Email info@dlcfe.ie
Website www.dlcfe.ie

Senior College Dun Laoghaire, College of Further Education

Eblana Avenue
Dun Laoghaire
Tel 01- 2800385
Email info@scd.ie
Website www.scd.ie

Sallynoggin College of Further Education

Pearse Street
Sallynoggin
Tel 01- 2852997
Email reception@scfe.ie
Website www.scfe.ie

Community Based Education Service

Century Court
100 Upper George's Street
Dun Laoghaire
Tel 01- 2147200
Email info@dlvec.ie
Website www.dlvec.ie

Its core services include:

- Adult Education Guidance Service
- Adult Literacy Service
- Back to Education Initiative (BTEI) and other part time modular learning options
- Community Education
- Out of School Education Service: providing educational programmes to youth at risk

The service also provides specific supports including FETAC co-ordination and disability support.

The Adult Literacy Service is located in the
Dun Laoghaire VEC Adult Learning Centre
c/o Holy Child Community School
Pearse Street Sallynoggin
Tel 01- 2855633
Email info@dlalc.ie
Website www.dlalc.ie

The service also has a **Community Based Education Support Services Centre** which brings together support services that were previously located in premises throughout Dun Laoghaire.

These are:

- Adult Education Guidance Service
- Out of School Education support
- Disability Programme support
- Literacy outreach support
- Young People's Facilities and Services Fund
- Dun Laoghaire Youth Service

61/62 Mulgrave Street
Dun Laoghaire
Tel 01-2365190
Email reception@ess.dlvec.ie
Website www.dlvec.ie

Youthreach Training Centres

www.youthreach.ie

Youthreach offers a flexible and dynamic programme of integrated general education, vocational training and work experience. Learners set educational and personal goals that increase their skill, knowledge base and self-esteem. Essential course elements include Personal and Social Development, Vocational Skills and Communications Skills.

They offer a variety of modules to encourage young people to engage in different areas of interest. All modules are FETAC accredited and are generally offered at levels 3 & 4.

They also offer access to Junior Certificate and Leaving Certificate Applied.

Both personal skills and vocational skills are developed. The intention is that progression opportunities are provided, as well as employment links.

Specialisms include: literacy, numeracy, counselling, life and social skills, peer education, driving tuition.

You Must Be:

- Aged between 15 and 20 years
- An Early School Leaver

Immediate Bonuses

- An age related training allowance
- Training and work experience
- No fees
- The opportunity to gain national certification

Centres:

The Tivoli Training Centre

Programmes include: Computers, Woodwork, Upholstery, Arts and Crafts, Catering, Childcare/Health Related Fitness, Animal Care and Horticulture

24 Tivoli Terrace South, Dun Laoghaire, Co. Dublin. Tel: 01-2841028

E-mail: ypdl@indigo.ie

Sportsreach (Dun Laoghaire VEC)

Programmes include: Junior Certificate, FETAC, Coaching Courses, Arts & Crafts, Literacy and Numeracy, Computers, Football and Swimming

St Joseph's Football Club, Pearse Park, Sallynoggin, Co. Dublin. Tel: 01-2351500

Dun Laoghaire Community Training Centre

Programmes include: Industrial Skills, Catering and Hospitality, Computers, Pre-Apprenticeship Training Programme, Hair and Beauty and Young Mothers' Programme

41A York Road, Dun Laoghaire, Co. Dublin Tel: 01-2841194 www.dlctc.ie

Rathfarnham Youthreach

Programmes include: Communications, Computers, Maths for Life, Art and Literacy, Personal development, Catering and Tourism and Outdoor Pursuits

Mountainview House, Meadow Park Avenue, Rathfarnham. D.14. Tel 01-2963413

Email: Rathfarnhamyr@eircom.net

**St John of God
STEP Enterprises
30 Carmanhall Road, Sandyford Industrial Estate, D.10**

Tel: 01-2952379 E-mail: step@sjog.ie Web: www.sjog.ie/step

Contact: Deirdre Reece, Director / Lexi Houston, Programme Manager

STEP Enterprises provides employment opportunities for adults with intellectual disabilities which facilitate personal and career development.

The Service consists of Property Services, The Cosy Kitchen, Employment Support Services, Personal Support Services and Administration.

Property Services encompasses Contract Cleaning, Grounds Maintenance and Maintenance Service for Machinery and Tools.

All the machinery is maintained and serviced in house by the workshop team who are trained for such work. Service users are encouraged to take driving tuition during their time with the service. Nine staff members support and assist service users.

The Cosy Kitchen operates as a coffee shop which is open to the public from 8.00 a.m. to 2.30 p.m. each day, Monday to Friday. On-the-job training is provided to the service users to facilitate them working in the coffee shop or moving on to Supported Employment.

Five staff support and assist service users.

Employment Support Services support people in a variety of job situations ensuring that service users apply for positions that fulfil their interests and abilities. Partnerships have been formed with a wide variety of employers to ensure a successful experience.

These include:

- A flexible approach that is tailored to meet the business needs
- An effective job matching process
- An employment Support Specialist to assist the person getting started in the job
- Support during placements

Seventy-three service users are in receipt of this service, supported by seven staff.

Personal Support Services focus on Pastoral Care, Social Supports and Family Support Services. Pastoral Care is all about helping people in their search for meaning and attending to their spiritual needs (Broken Relationships, Bereavement, Changes and losses in life, Rejection, Loneliness, Low Self-esteem).

Social, educational and leisure activities include: Social Outings, Literacy Tuition, Community Education Classes / hobbies and Volunteering.

Self Advocacy Classes and facilitation of Employee Council (Advocacy Group).

Festina Lente Foundation

www.festina-lente.ie

Old Connaught Avenue, Bray, Co. Wicklow. Tel: 2720704.

E-mail: info@festina-lente.ie

Co-ordinator: Jacinta Holly

Jacinta@festinalente.ie

Festina Lente Foundation provides a range of integrated training, occupational learning and employment opportunities to people whose needs have not been met through mainstream services. These services are provided through equestrianism, horticulture and community-based activities with an emphasis on choice, personal development and progression.

The range of services provided conform to the Standards for Training and Development for People with Disabilities, guidelines for Social Economy-funded Enterprises and other relevant statutory requirements.

Individualised Training and Personal Plans are the driving forces in shaping the Equestrian Training Programme, the Transition Training Programme and the recently developed Adult Day Service.

Transition Training Programme

This is a three year Health Board rehabilitative training programme which aims to provide trainees with a range of vocational and leisure related experiences. After the three years trainees will be able to make a well informed choice regarding further training or employment.

At the end of the Training Programme Trainees will receive certificates from FETAC for the modules they have completed and have an option of BHS (British Horse Society) Qualification. Over the three years trainees are involved in a range of learning tasks including: Horticulture, Literacy Classes, Money Management, equestrianism, Computer Classes, Community Projects, and Swimming.

Highlights:

- Expansion of the Community Links Programme to include work, social and recreational area – Citizens' Information Centre, FAS, Loughlinstown Gym, Wicklow Gaol, local libraries, bowling.
- Participation in a variety of work experience options.

Equestrian Training Programme

Provides a three-year FAS funded vocational equestrian training programme which aims to equip trainees with the necessary skills and knowledge in order that they can progress to working in the equestrian industry.

Over the three years trainees learn about many aspects of horse management including: Horse Grooming, Horse Riding, Feeding, Health and Safety, Stable and Yard Routine. At the end of the Training Programme Trainees will receive either a BHS (British Horse Society) Qualification or a certificate from FETAC.

Both the Equestrian Training Programme and the Riding School work closely in delivering learning and leisure riding to people with a range of learning interests and abilities.

Personal Development Training

The Personal Development Team provides a range of supports to trainees and staff in both Equestrian and Transition Training Programmes. Supports can be in the area of computer training, budgeting, literacy classes and preparation and support for work experience and applying for jobs. In addition to the vocational skills that are learned, each person's individual personal development needs are incorporated through the development of an individualised training programme. This may include availing of literacy classes, driving lessons, drama, art, etc

Employment in the Gardens

Supported by Pobal, Festina Lente Gardens provides meaningful employment and training opportunities to a team of people through the restoration of a 19th Centre Victorian style walled garden.

Sunbeam House Training Services

Rehabilitative Training Courses
Preparation for Life
www.sunbeam.ie

Cedar Estate, Killarney Road, Bray, Co.Wicklow. Tel: 01-2868451

E-mail: info@sunbeam.ie

Sunbeam House provides training, employment and support services for adults with an intellectual disability. *'We are guided in the directions of service provision by the needs and desires of our clients, supported through advocacy and employment'.*

Sunbeam House provides a four year Training Programme to meet the needs and priorities of each individual. Each Trainee has a Personal Outcome information gathering session with staff to discuss his/her individual needs and priorities with their instructor.

Following the Planning Meeting, an individual timetable will be drawn up for each Trainee reflecting their needs and choices within the Training Services. Each Trainee's timetable will meet his/her own personal needs and abilities, which may change during training.

The Training Service provides a broad range of classes to afford the necessary tools for each person to develop to their full potential. Applications should be made to Sunbeam House Services' Admissions Secretary.

Target Trainee Profile

This training programme is suitable for person's over 16 years of age, with an intellectual disability. Candidates should have the potential to achieve the course objectives, possess basic verbal or non-verbal communication skills and reside in an environment, which would support independent living.

Course Models

- Self Advocacy
- Using Information
- Independent Living Skills
- Safety Health & Hygiene
- Leisure, Arts & Culture
- Work & Work Training
- Job Specific Training

Enable Ireland
www.enableireland.ie

E-mail: info@enableireland.ie

Enable Ireland is a national provider of services for people with disabilities and their families.

- **Enable Ireland, Sandymount Avenue, Dublin 4 (Tel: 2615900)**
This centre provides services for children from 0-18 years of age who have a primary disability and / or developmental delay.
- Enable Ireland also has adult services that generally cater for over 18's with physical disabilities. There are community-based services in Dun Laoghaire, Crumlin and Sandyford, and a respite centre in Wicklow. The Manager of the Adult Services is Kate Raymond, based in Sandymount and her e-mail is kraymond@enableireland.ie. Key services currently provided include:
 - Person-centred planning – this involves goal setting with each service user.
 - Community Development – the objective is to enhance opportunities for service users in a mainstream setting.
 - Training / Education – this includes Fetac modules in Information Technology, Communications and Preparation for Work.
 - Supported Employment – this aims to provide assistance to people with disabilities to take up work placements.
 - Personal Assistance.
 - Personal Development – focuses on those with significant physical disabilities.
 - Advocacy Development – training in individual and group advocacy skills.
- **Contact details for Adult Services as follows:**
 - **Sandymount** **2695355** **(Kate Raymond)**
 - **Crumlin** **4992354** **(Mary Winters)**
 - **Dun Laoghaire** **2845828** **(Paul Glover)**
 - **Sandyford** **2940228** **(Jason O'Reilly)**

Wheels Training Programme

The overall aim of the "Wheels" training programme is to offer participants the opportunity to develop a broad range of skills according to their different needs and ability. These skills include both practical work skills as well as the fostering of greater independence, personal effectiveness and self-advocacy. An effective Person Centred Planning process gives us the opportunity to design and modify our programmes based on individual need. The programme also aims to facilitate and encourage Service Users to become more involved and included in their local community and to access the services available for them within a mainstream setting

At the end of their programme Service Users will have the opportunity to access supported employment as well as further education or training. Equally important to the overall aim of

this programme is that levels of independence would be achieved in the areas of independent living, i.e. transport, community access and self advocacy.

The core modules consist of the following:

Person Centred Planning

Information Technology

Leisure Pursuits

Community Participation

Disability Awareness

Physiotherapy/Exercise

Personal Development

The Arts/Culture

Employment Programme

Social Opportunities

Holiday Breaks

The Enable Ireland Assistive Technology Service works in partnership with service users so that their assistive technology needs can be best identified and met in the manner that optimises each individual's personal goals.

This programme is aimed at people whose primary disability is physical and/or a related disability.

- who live in the catchment area of Dun Laoghaire
- who may have attended an Enable Ireland School or Children's Service or who have been referred by the HSE Occupational Support Services
- Applications may be made directly in the case of pupils of Enable Ireland schools or through the HSE Occupational Support Services

Contact:

Co-ordinator: Paul Glover

Wheels Training Programme

Enable Ireland, Dun Laoghaire Adult Services

Methodist Hall,

Northumberland Avenue

Dun Laoghaire

Tel: 01-2845808, Fax 01-2845826

E-mail: pglover@enableireland.ie

National Learning Network (NLN)

www.nln.ie

National Learning Network (formerly NTDI) is Ireland's largest non-Government training organisation with more than 50 purpose built training and employment units nationwide catering for around 4,500 students each year.

Its objective is to assist people at a disadvantage in the labour market to learn the skills they need to build lasting careers in jobs that reflect their interests and abilities. The majority of NLN's student body is made up of people with disabilities.

For information on how to apply for one of their courses, you can contact NLN directly or call to your local FAS office.

The centres in this area are as follows:

- **Roslyn Park College, Roslyn Park, Beech Road, Sandymount, Dublin 4**
Telephone: 2613400, e-mail: rpc@nln.ie
- **NLN Bray, Beechwood Close, Boghall Road, Bray, Co. Wicklow**
Telephone: 2829643, e-mail: bray@nln.ie
- **NLN Tallaght, Unit 77 Broomhill Road, Tallaght, Dublin 24**
Telephone: 4525777, e-mail: tallaght@nln.ie
- **NLN Ballyfermot, Kylemore Road, Ballyfermot, Dublin 10**
Telephone: 6269979, e-mail: ballyfermot@nln.ie

Bray National Learning Network

Applicants for courses must be aged 16 or over, and registered with FAS or HSE. There are no formal entry requirements. They operate a Personal Centred Approach, providing Personal and Vocational Development. Literacy and numeracy classes are also available to students. FAS Training Allowances are paid to course participants. They offer the following courses:

- Access 2 – 24 month programme that aims to facilitate students to sample a range of vocational options and to develop the skills, knowledge, confidence and resources to access employment, higher training and options in the wider community.
- Information Technology – 18 month course, ECLD based with work experience.
- IT by Distance Learning – 18 month course, ECLD based, where equipment is supplied for the duration of the course, and self-directed learning by the student is supported by home visits and group meetings.
- Employer Based Training – lasts 18-24 month course which caters for students aged 17+ who are ready, willing and able to work. This programme enables students to acquire practical skills and training with a host company in a work area of their choice. Students spend 4 days in the workplace and one day in the Bray Centre

There are also two further courses, which are currently run in Stillorgan, but information can be obtained from Bray NLN

- Retail Sales – 2 year programme that provides students with the opportunity to acquire practical retail skills in various retail outlets and in classroom settings.

- Horticulture – 28 month programme that provides students with the opportunity to acquire theoretical and practical skills to enter employment in areas such as landscaping, parks department and garden centres. Teagasc certified.

Tallaght National Learning Network

Applicants for courses must be over 16 years and registered either with FAS for vocational training or HSE for rehabilitative training. There are no formal entry requirements. They focus on a Personal Centred Approach, and Personal and Vocational Development. Literacy and numeracy classes are also available to students. They offer the following courses:

- Business Administration – lasts up to two years.
- Catering – lasts up to two years.
- Prospects – 1 year course for those who present with Asperger's Syndrome, high functionary on the autism spectrum or people with associated socialisation needs. It is designed to provide them with the opportunity to address social behaviours and develop personal and social skills necessary to progress to further education / training.
- Information Technology by Distance Learning – lasts up to 55 weeks.
- Connections – 6 month course comprised of nine modules – Induction, Personal Exploration, Personal Foundation, Skills Update, Goal Setting, Managing Change, Personal Development, Job Seeking / Job Retention.
- Vocational Skills Foundation – lasts up to two years. This course provides an opportunity to sample a wide range of courses while acquiring the educational and social skills needed to progress to further education and employment.
- Vocational Multi-Skills – lasts up to two years and is designed to provide participants with the necessary skills and experience to gain employment in the manufacturing or distribution sectors as an Operative or General Assistant.

Roslyn Park College

Roslyn Park College offers courses in Business Studies, Arts and Technology, Foundation Studies and Distance Learning, leading to a wide range of career opportunities. Anyone who is aged 16 or over and has a disability may apply to Roslyn Park College. All applicants must be registered with FAS.

For those wishing to apply to the college, you can ring **01-2613400** for a brochure / prospectus, and also go on a tour of the college. These usually take place on Wednesday afternoons at 1.30am and are conducted by Joan Cullen (Recruitment Officer)

Tel: 01-2613407 or e-mail Recruitment Officer: joan.cullen@nlh.ie.

All potential students are interviewed by a member of staff who will explain the various starting points for courses in the college. There is continuous intake throughout the year. The College Prospectus gives detailed information about each of the courses on offer, including content, duration and certification. All of its professional courses are certified to national level (FETAC and ECDL), and generally last up to two years.

All students will receive a training fee which is the equivalent to Social Welfare Allowance. Secondary benefits are not affected.



Specialised Services for people with an Acquired Brain Injury (ABI)

The Peter Bradley Foundation, National Office, 41 Northumberland Ave, Dun
Laoghaire, Co. Dublin. Ph: 01-2804164 Fax: 01-2304630
www.peterbradleyfoundation.ie

Mission

'To enable people with Acquired Brain Injury to live an independent life in the community, by providing and maintaining a supportive living environment'.

Background

Despite two serious brain injuries as a young man, Peter Bradley led an active and fulfilled life until 1998, when further illness made it unsafe for him to live alone in his home, Anvers, in Glenageary, County Dublin. The only viable option available to Peter at the time was a nursing home for older people. He lived in this inappropriate setting for 2 years.

Barbara O'Connell (Peter's sister) and her husband Maurice O'Connell, along with members of Peter's family, responded by forming the Foundation with Peter in direct response to his particular situation. In partnership with the HSE East Coast (formerly East Coast Area Health Board), Peter's house, Anvers, was renovated and specially adapted for him, on agreement that two other people with **Acquired Brain Injury** would join him to live there. This was successfully achieved in October 2001. Trained rehabilitation assistants run the house, in conjunction with the residents, and are available to provide assistance 24 hours, seven days per week, 52 weeks of the year.

The Peter Bradley Foundation Services - 2006 Aspiring to Excellence

The Foundation has now developed a range of services in response to the needs of people with ABI. The **Peter Bradley Foundation** has developed specialised ABI services throughout Ireland. These include the following:-

• Assisted Living

Our Assisted Living residences provide individualised, community-based support services designed to maximise each client's quality of life while fostering autonomy, personal growth and development. Interventions focus on enhancing functional independence, facilitating community involvement, supporting peer relationships and promoting experiential learning.

• Community Rehabilitation /Outreach Services

Services are provided in the community. Post-acute rehabilitation programs focus on readjustment to community living following brain injury, improvement of functional skills, health and medical management, and teaching alternatives to behaviours that interfere with a person's functioning and rehabilitative progress.

This means the Rehabilitation Assistants are neither personal assistants directed by the client, nor are they carers directed by the families/supervisor. They both assist and care in partnership with their clients, directing and adapting their input to the needs of the clients. As the client becomes more able the Rehabilitation Assistant becomes less involved. This approach is unique to the Peter Bradley Foundation working with people with ABI.

- **Side-by-Side - Clubhouse**

Our Side-by-Side service follows the clubhouse model of psychosocial and vocational rehabilitation. The model eschews the establishment of a service run by members for members. It acts as an anchor **support for life** to assist people with ABI to set and achieve short, medium, and long-term goals. This ultimately lends to community integration and improved independence

- **Rehabilitation Support Team**

The Rehabilitation Support Team provides therapeutics to families, rehabilitation programmes and support and training of staff

Composition of Rehabilitation and Support Team

- | | |
|--|------------------------------------|
| - Case Manager (ABI Development Officer) | - Clinical neuropsychology, |
| - Occupational Therapy, | - Specialist Social Work |
| - Speech & Language Therapist | - Community Services Manager |
| - Hospital liaison | - Sessional Therapists as required |
| - Rehabilitation Assistants | |

- **Case Management**

The ABI Case Manager identifies service users' needs and develops individual service response in co-operation with the multidisciplinary Physical and Sensory Team in the HSE.

- **External Awareness & Education Programmes**

The Peter Bradley Foundation provides external Awareness & Education Programmes for staff/carers working with people with ABI.



**Next Stage: Rehabilitative Training Programme for People with Acquired Brain Injury
Rehabilitative Training Unit, National Rehabilitation Hospital
Rochestown Avenue, Dun Laoghaire, Co. Dublin**

Tel: (01) 235 5364 Fax: (01) 235 5573 E mail: rtu@nrh.ie

NAC Accredited Rehabilitation Training Centre

Enquiries & Referrals to:

Mr. Keith Wilton
Centre Manager
Rehabilitative Training Unit
National Rehabilitation Hospital
Rochestown Avenue,
Dun Laoghaire,
Co. Dublin

ABOUT THE NEXT STAGE TRAINING PROGRAMME

The *Next Stage* rehabilitative training programme is national programme designed to assist people with an acquired brain injury (ABI) to maximise their functional abilities and achieve their individual desired training goals. We take referrals for persons living throughout Ireland. Goals may be greater levels of independence and community reintegration; and/or increased personal, life, social, behavioural, practical and work-related skills. We also help persons who have specific goals of returning to work and education by assessing their needs and abilities, improving necessary skills, offering work/educational sampling and then help them make informed choices regarding future training, educational or vocational options. We will also help link them to appropriate health, employment or community services to facilitate and implement these goals.

While trainees will have a common disability, the effects of brain injury are diverse. Therefore, our training programme is designed to meet their individual needs and goals in a client centred format by providing a high-quality and individualised training programme. The necessary qualifying factor for entry is that applicants show insight, potential and motivation to move on to their own *Next Stage*.

MISSION

To work in partnership with and for people with an acquired brain injury to help them maximise their potential to enable greater levels of independence and re-integration into the community by providing a high-quality and individualised training programme.

ACCOMMODATION

The Corofin Millennium Lodge was opened in 2002 and is an 11-bedded residential facility located in the Rehabilitative Training Unit and situated on the grounds of the National Rehabilitation Hospital. The lodge provides accommodation for trainees who attend the *Next Stage* programme who live too far away from the unit to commute.

PROGRAMME CONTENT

The *Next Stage* programme is delivered on a modular basis. Each trainee will participate in modules to meet their individual needs. There are 23 training modules which are grouped in the following 6 areas:

- 1. Brain Injury Awareness & Management**
- 2. Personal and Social Development**
- 3. Life Skills Management**
- 4. Information Technology**
- 5. Educational and Project Support**
- 6. Vocational Assessment, Planning & Exploration**

Training takes place in both individual and group formats, depending on the trainee's needs and the type of module.

PROGRAMME DURATION & TIMES

The programme duration on average is 6 to 9 months. However, this duration can vary as the programme is designed to meet the individual goals of the trainees. Some trainees may not need to avail of all the modules in the programme, or some might require extra training to meet their particular needs and goals. Some trainees will attend on a part-time or graduated basis due to the constraints of their disability or to accommodate relevant work experience.

Clients attend up to five days per week (~30-hour week).

Hours: 9:30 am to 4:00 pm; Monday – Thursday and 9:30 am to 1:00 pm; Fridays

ADMISSION CRITERIA

- Have a diagnosis of Acquired Brain Injury (ABI)
- Be medically stable
- Be 18 years or older
- Be independent in all aspects of self care (or have carer)
- Be able to demonstrate insight and motivation into benefits of training
- Demonstrate readiness and potential for development and greater functional independence
- Be able to work with minimum supervision
- Be able to retain information between training sessions
- Be able to co-operate with the instructor and other trainees
- Live within a reasonable travelling distance from the unit *OR* meet criteria for admission to the Corofin Millennium Lodge
- Be free from severe ongoing behavioural, psychiatric and/or substance abuse issues

WHO CAN REFER

- Rehabilitation Consultants
- Other relevant health service professionals
- Persons can also apply directly to the programme

AHEAD
(The Association for Higher Education Access and Disability)
www.ahead.ie

AHEAD, East Hall, UCD, Carysfort Avenue, Blackrock, Co. Dublin. Tel: 01-7164396
E-mail: ahead@ahead.ie

AHEAD is an independent, non-profit organisation working to promote full access to and participation in third level education for students with disabilities in Ireland. It is involved in research, consultation, lobbying and strives to inform and change policy.

Address:

PUBLICATIONS:

- *Accessing Higher Education in Ireland 1998 – a handbook for students with disabilities and learning difficulties.*
- *Access Success, an EYPD funded guide to third level, booklet and video.*
- *Examination Arrangements, 1994 and updated in 2000.*
- *Empowering practice: a guide to the Use of Information Technology and Open Distance learning for and by disabled adults in a learning society 1999.*
- *Including Students with Disabilities in Career Advisory Services – A guide for Institutions of Higher Education in Ireland 1998.*
- *Supporting Children with Dyslexia 2003 : a guide for Institutions of Further Education and Higher Education.*
- *Access Curriculum 2004: a manual for academic staff on how to include students with disability into teaching and learning practice.*
- *Great Expectations 2005: a handbook for Guidance Counsellors when working with students with disabilities.*

Applications / Admissions

- CAO forms must be completed by all students applying to college, but colleges will be made aware of those with a disability who are applying, and may provide alternative entry procedures.
- The role of the Disability / Access Officer is to work collaboratively with students with disabilities in arranging supports that they may need while in college. This may include assistive technology, examination arrangements, organising additional tuition or support during lectures.

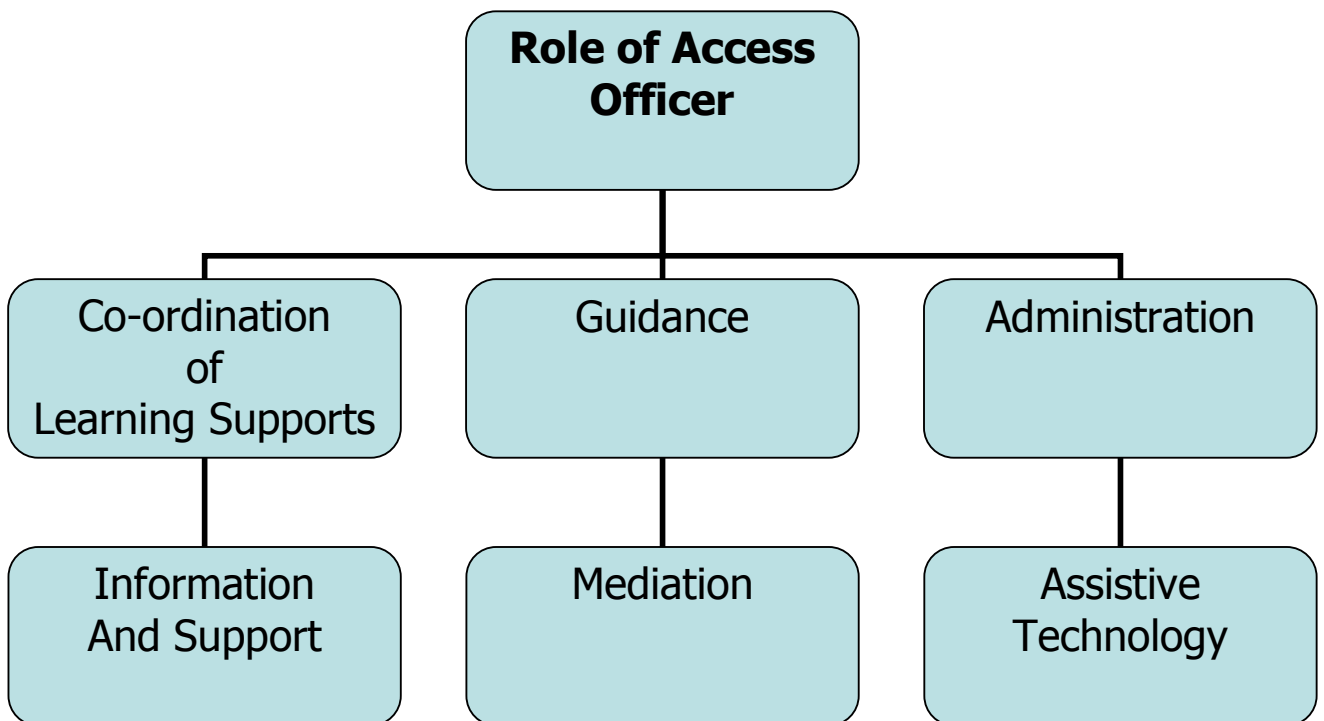
Funding / Grants

- The main source of funding available to students with disabilities is the Special Fund for Students with Disabilities. This grant is administered by the Department of Education and Science, and is for assistive or adaptive technology that a student with a disability may need while they are in college. Application forms are completed with the disability / access officer in college.
- Higher Education Grants can also be availed of, although are not specific to this group and are means-tested.
- Disability Allowance may be retained while at college or there are additional benefits to claiming the Back to Education Allowance instead.
- There are also some scholarships available to post-graduate students with disabilities.
- Further information can be found on AHEAD's website.

Higher Education Access Services

Access Services are responsible for making third level education more socially inclusive and accessible to under-represented groups. Access Services work in close co-operation with local primary and second level schools, students with disabilities, mature students and community groups.

Most third level institutions have an Access Officer. Different colleges use a different title for this person, including Disability Co-ordinator and Disability Support Officer.



The Access Officer promotes the provision of support and 'reasonable accommodation' for students with disabilities in all areas of course participation as well as examinations and ensures that adult learners with a disability are fully informed of the student structures available.

Funding is available through the National Access Officer to cover costs of specialist support, subject specific tuition, assistive technology, transport costs, etc. The Access Officer will make the application on behalf of the student.

Some third level institutions are more advanced in disability access than others. For further information about each third level institution's specific service, students should contact the designated Access Officer of the institution they wish to attend.

Where a college does not have an Access Officer, students should make enquiries with the Registrar's office or the office of Student Services on the institution's policy on disability, before, or on commencement of their studies.

Supports for Young People with Disabilities or Learning Barriers

Access Ability: www.accessibility.ie

Access Ability provides a one-stop shop for employers regarding all aspects of employing people with disabilities.

Aisling Foundation: www.theaislingfoundation.org/

The mission of the Aisling Foundation is that we all have ability no matter what the label says. The Aisling Foundation work in three main areas of Inspiration, Awareness and Employment

Aontas (The Irish National Association of Adult Education) www.aontas.com

Aontas provides a quality and comprehensive system of adult learning and education which is accessible to and inclusive of all.

2nd Floor, 83-87 Main Street, Ranelagh, Dublin 6, Tel: 01-4068220 Email:mail@aontas.com

Caint

Caint is a support group for children with speech and language impairments and their families. It lobbies for improved services and helps parents to access information.

10, Bayview Drive, Killiney, Co. Dublin. Tel: 01-2823584.

Caring and Sharing Association (CASA) www.casa.ie

Carmichael House, Nth Brunswick St, Dublin 7. Tel: 01-8725300. A voluntary group of able-bodied helpers with people with disabilities. Emphasis on friendship and social activities.

E-mail: careshare@eircom.net

Comhairle www.comhairle.ie E-mail: comhairle@comhairle.ie

7th Floor, Hume Street, Ballsbridge, Dublin 4. Tel: 01-6059000

The National Agency responsible for supporting the provision of information, advice and advocacy on social services. Under the remit of the Department of Social and Family Affairs, Comhairle has a statutory commitment to assist and support people, particularly those with disabilities, in identifying and understanding their needs and options and in accessing their entitlements to social and civil services

Dun Laoghaire Youth Information Centre www.youthquest.ie

The centre provides information on Post Leaving Certificate Courses, CAO Applications, Grants & Financial Support, Adult Education, Careers, VTOS, Third Level Opportunities, CV and Interview Preparation and more...

Contact the Youth Information Centre: 01-2809363 / Email: yicdlys@iol.ie

EASE / Start Right (A Parent Support group)

For parents, professionals, educators to raise awareness, educate, encourage and support. 13, Clifton Park, Shankill, Co Dublin. Tel: 01-2720177 / 2823584

HADD (Hyperactive/Attention Deficit Disorder Family Support Group Ireland)

This organisation aims to help and support children and young people with Hyperactivity and Attention Deficit Disorder and their families. It also establishes better links between professional workers and parents and assists in the improvement of diagnostic and other services.

Carmichael Centre, Carmichael House, North Brunswick Street, Dublin 7

Tel: 01-8735702 E-mail: hadd@eircom.net

Inclusion Ireland (Formerly Namhi) www.inclusionireland.ie

The National representative organisation for people with an intellectual disability, promoting their rights to ensure their full and equal participation in society.

Unit C2, The Steelworks, Foley Street, Dublin 1. Tel: 01-8559891

E-mail: info@inclusionireland.ie

The National Council for Special Education www.ncse.ie

NCSE was established to improve delivery of educational services to people with special educational needs.

1-2 Mill Street, Trim, Co. Meath. Tel: 046-948 6400

The National Educational Psychological Service (NEPS) www.education.ie

For referral and further details contact: 27/29 Frederick Court, North Frederick Street, Dublin 1
Tel: 01-8892700

NEPS deals mainly with learning disabilities or psychological barriers to learning e.g. dyslexia, autism

The National Federation of ARCH Clubs www.archclubs.com

Provides a secure social environment for people with special needs and to develop its members' social skills, self-esteem and quality of life.

74 Meadow Grove, Dublin 16. Tel: 01-2951081 E-mail: archclubs@eircom.net

The National Parents Council – Post Primary

Supporting and monitoring education development and opportunities

Unit 5 Glasnevin Business Centre, Ballyboggan Road, Dublin 7. Tel: 01-8302740

E-mail: npc@npcpp.ie

St Michael's House www.smh.ie / www.opentrainingcollege.com

St Michael's House provides services and supports for children and adults with a learning disability. St Michael's House Open Training Centre provides courses through a combination of distance learning and practical workshops and are structured in such a way that students can complete courses at their own pace.

St Michael's House Open Training Centre, Prospect Hall, Willow Park, Goatstown, Dublin 16.

Tel: 01- 2987033 E-mail: info@oct@smh.ie.

Other Useful Websites:

www.aheadwayireland.ie

www.asperger.com

www.brainreach.ie

www.citizensinformation.ie

www.disability-federation.ie

www.dyslexia.ie

www.dyspraxiaireland.com

www.nala.ie

www.irishhealth.com

www.rehab.ie

www.welfare.ie

Appendix

AHEAD (Association for Higher Education Access and Disability), East Hall, UCD, Carysfort Avenue, Blackrock, Co. Dublin. www.ahead.ie Tel: 01-7164396 E-mail: ahead@ahead.ie

Dun Laoghaire Community Training Centre, 41A York Road, Dun Laoghaire, Co. Dublin
www.dlctc.ie Tel: 01-2841194

DLVEC Adult Guidance Service, 61 Mulgrave Street, Dun Laoghaire, Co. Dublin. www.dlvec.ie
Tel: 01-2365190 E-mail: guidance@ess.dlvec.ie

Dun Laoghaire VEC Services, Century Court, 100 Upper Georges Street, Dun Laoghaire, Co. Dublin.
Tel: 01-2147200 www.dlvec.ie E-mail: info@dlvec.ie

Enable Ireland, Sandymount Avenue, Dublin 4. www.enableireland.ie. Tel: 01-2615900

Wheels Training Programme, Enable Ireland, Dun Laoghaire Adult Services, Methodist Hall, Northumberland Avenue, Dun Laoghaire. Tel: 01-2845828. E-mail: pglover@enableireland.ie

E-Work Options: Southside Partnership, 24 Adelaide Street, Dun Laoghaire, Co. Dublin.
www.southsidepartnership.ie / www.egew.ie Tel: 01-2301011

FAS Employment Services Office, 18/21 Cumberland Street, Dun Laoghaire. Tel: 01-2808488

FAS Employment Services Office, Nutgrove Enterprise Park, Rathfarnham. Tel: 01-4591414

FAS Job Connect. Freephone: 1800 611 116 www.fas.ie

FAS Training and Employment Service, Wyattville Road, Loughlinstown. Tel: 01-2043600

FAS Youth Advocate, Community Training Centre, 41A York Road, Dun Laoghaire
Tel: 01-2841376

Festina Lente Foundation, Old Connaught Avenue, Bray, Co. Dublin. www.festina-lente.ie
Tel: 01-2720704. E-mail : info@festina-lente.ie

HSE Dun Laoghaire, Local Health Office, Tivoli Road, Dun Laoghaire, Co. Dublin. Tel: 01-2843597
www.hse.ie

HSE, National Rehabilitation Hospital, Rochestown Avenue, Dun Laoghaire, Co. Dublin.
Tel: 2355400 www.hse.ie

Next Stage Training Programme, Rehabilitative Training Unit, National Rehabilitation Hospital, Rochestown Avenue, Dun Laoghaire, Co. Dublin. Tel: 01-2355364 E-mail: rtu@nrh.ie

NLN Ballyfermot, Kylemore Road, Ballyfermot, Dublin 10. www.nln.ie Tel: 01- 6269979
E-mail: ballyfermot@nln.ie

NLN Bray, Beechwood Close, Boghall Road, Bray, Co. Wicklow. www.nln.ie Tel: 01-2829643
E-mail: bray@nln.ie

NLN Tallaght, Unit 77 Broomhill Road, Tallaght, Dublin 24. www.nln.ie Tel: 01-4525777
E-mail: tallaght@nln.ie

Rathfarnham Youthreach, Mountainview House, Meadow Park Avenue, Rathfarnham. D.14.
Tel 01-2963413 E-mail: Rathfarnhamyr@eircom.net

Roslyn Park College, Roslyn Park, Beech Road, Sandymount, Dublin 4. www.nln.ie Tel: 01-2613400 E-mail: rpc@nln.ie

Social Welfare Employment Support Service – www.welfare.ie

Southside Local Employment Service, 137, Oliver Plunkett Road, Monkstown Farm, Dun Laoghaire, Co. Dublin www.southsidepartnership.ie Tel: 01-2841977 Freephone : 1800 200 501

Sportsreach (Dun Laoghaire VEC), St Joseph's Football Club, Pearse Park, Sallynoggin, Co. Dublin
Tel: 01-2351500

St John of God STEP Enterprises, 30 Carmanhall Road, Sandyford Industrial Estate, Dublin 10.
www.sjog.ie/step Tel: 01-2952379 E-mail: step@sjog.ie

Sunbeam House, Cedar Estate, Killarney Road, Bray Co. Wicklow. www.sunbeam.ie
Tel: 01- 2868451 E-mail: info@sunbeam.ie

The Peter Bradley Foundation, National Office, 41, Northumberland Avenue, Dun Laoghaire, Co. Dublin. www.peterbradleyfoundation.ie. Tel: 01-2804164

The Tivoli Training Centre, 24 Tivoli Terrace South, Dun Laoghaire, Co. Dublin.
Tel: 01-2841028 E-mail: ypdl@indigo.ie

Workway Initiative: www.workway.ie E-mail: info@ibec.ie

Youthreach Training Centres www.youthreach.ie